

What Are Excipients?

Excipients are binders, fillers and "glues" that are typically non-nutritive substances in nutritional products.
These substances often test toxic.

Would you want to consume anything that is ***not nutritive?***

We believe it is unnecessary to take nutritional products that have questionable, potentially toxic, non-nutritive excipients.

Please note: Tablets ALWAYS contain excipients (that is how they are made; they cannot be made without them); therefore, it is wisest to especially avoid nutritional products as tablets.

Just a few examples of questionable excipients commonly found in nutritional products:

Magnesium stearate -- a cheap lubricating agent; research shows it to be immune-compromising

Methyl paraben -- a benzoate family member; a known cancer-causing agent

Microcrystalline cellulose -- a cheap filler

Silicon dioxide -- a cheap flowing agent (common sand)

Natural flavors -- an AKA for MSG (monosodium glutamate), a well known neurotoxic agent

Methacrylic copolymer -- methacrylic acid, a component of the methacrylic acid copolymer, has been reported to act as a teratogen in rat embryo cultures.

Triethyl citrate -- a plasticizer

Titanium dioxide -- used for color; liver toxic

Corn starch -- typically from cheap GMO corn; can invoke allergic responses

Talcum powder -- a common excipient rarely not listed on product labels; a suspected carcinogen

Other Questionable but Common Tableting and Encapsulating Agents

D&C red #33 Propylparaben Hydroxypropyl methylcellulose

Hydroxypropyl cellulose Polyethylene glycol Red ferric oxide-orange shade

Methyl p-hydroxybenzoate Propyl p-hydroxybenzoate Sodium acetate

Methylparaben Sodium metabisulfite Eudragit

